



## SCHOOL CRISIS RECOVERY and RENEWAL

### WELCOME TO THE SCHOOL CRISIS RECOVERY & RENEWAL (SCRR) PROJECT!

A Category II National Child Traumatic Stress Network Site

*School crisis readiness is essential. Response is critical.*

**And: what happens after matters, too.**

SCRR supports students, educators, school staff, and school-based clinicians to effectively implement trauma-informed crisis recovery and renewal strategies.

## SCRR LEVEL SETTING - FOUNDATIONAL MODULES

### LEVEL SETTING - FOUNDATIONAL MODULES (OCTOBER 2020 - JANUARY 2021)

We are pleased to launch our Year 1 programming by offering foundational modules to promote shared learning and understanding of what renewal and recovery might look like in the context of school crisis.

## What?

**SCRR Level Setting: Foundational Modules** is a four-month, four-part no-cost virtual series for school leaders, educators, school site, and district administration, community-based organizations, school mental health providers, student advocates, and anyone interested.

Modules include signature SCRR training by offering webinars on theory, frameworks, trauma-informed and healing centered crisis models with paired coaching clinics to provide discussion, knowledge sharing, and reflection facilitated by experienced SCRR Field Coaches.

**Coaching Clinics:** Coaching clinics provide SCRR learners and leaders with a forum focused on moving from knowledge change to application to practice.

- SCRR Coaches will lead participants through case studies, role plays, and interactive discussions designed to advance competency in applying SCRR and trauma-informed practices to emergent stressors and/or needs.
- Participants will have opportunity to receive strategies for implementing practices and skills and guidance from SCRR coaches and peer communities.

## Who?

Open to anyone interested in gaining foundational language, frameworks, and practices related to school crisis recovery & renewal. From school leadership teams, local education agencies, and community-based organizations to mental health providers and responders, this series is a great starting point for our SCRR work.

The SCRR Project is a collaborative effort between The Center for Applied Research Solutions (CARS) and Trauma Transformed (T2) and strongly informed by partnership with the National Center for School Crisis Bereavement and our team of school crisis recovery and renewal experts from across the country.



# OVERVIEW

For full descriptions, click on corresponding registration links below  
All sessions are held at 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

NAME OF SESSION	DATE	LINK
Introduction to this moment, definitions, and the word "crisis"	October 15, 2020	<a href="#">Register here</a>
4R's and 5C's: Leading School Communities During Pandemic Response	October 22, 2020	<a href="#">Register here</a>
Module 1 Coaching Clinic	October 29, 2020	<a href="#">Register here</a>
An Introduction to School Crisis Recovery: Theory & Frameworks to Guide Us	November 5, 2020	<a href="#">Register here</a>
Eco-Systems of School Recovery	November 12, 2020	<a href="#">Register here</a>
Module 2 Coaching Clinic	November 19, 2020	<a href="#">Register here</a>
An Introduction to School Crisis Renewal: Theory & Frameworks to Guide Us	December 3, 2020	<a href="#">Register here</a>
The Seven School Crisis Renewal Elements	December 10, 2020	<a href="#">Register here</a>
Module 3 Coaching Clinic	December 17, 2020	<a href="#">Register here</a>
Crisis Recovery & Renewal Leadership: Theory & Frameworks to Guide Us	January 14, 2020	<a href="#">Register here</a>
4 R's and 5C's: Psycho-social Supports for Parents During Pandemic Response	January 21, 2020	<a href="#">Register here</a>
Module 4 Coaching Clinic	January 28, 2020	<a href="#">Register here</a>

## ACCESS TECHNICAL ASSISTANCE

The SCRR project staff is comprised of team members from a partnership between The Center for Applied Research Solutions and Trauma Transformed with special advisement from the National Center for School Crisis & Bereavement.

*Interested in consulting, coaching, or intensive support for your school, community, district, county, agency, etc. for issues related to recovery & renewal?*

Access our team and coaches by completing this quick form and we'll get in connection to see how we can support you.

### CONNECT WITH US

## SCHOOL CRISIS RECOVERY & RENEWAL PROJECT

[scrr@cars-rp.org](mailto:scrr@cars-rp.org) • (888) 597-0995 • [www.schoolcrisishealing.org](http://www.schoolcrisishealing.org)

[f: @scrr.project](#) // [@scrr\\_project](#) // [@scrr\\_project](#)

A PARTNER IN  
**NCTSN**

The National Child  
Traumatic Stress Network

## Module 1: What is a School Crisis? And are we all in it?

### Introduction to this moment, definitions, and to the word “Crisis”

Join us for our orientation webinar to welcome you to our project, provide context for the school crisis readiness, response, recovery and renewal framework and SCRR’s vision for homing in on what constitutes a crisis, the concepts of recovery and renewal, and how this vision fits in the context of multiple pandemics (e.g. COVID-19, surfacing of racial violence and injustice, climate related trauma). It provides a base for the SCRR project and catalyzes following sessions.

Date: October 15, 2020

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

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### 4Rs and 5Cs: Leading School Communities During Pandemic Response

This session explores the 5Cs (Connection, Context, Coherence, Collaboration, & Consolidation) of trauma-informed clinical guidelines developed by national subject matter experts to support leaders in their challenging roles to effectively manage rapid decision-making, programmatic pivots, and relationships during a time of mass stress and trauma. Participants will learn and apply the following: 1) the four phases of a pandemic: specific leadership and psycho-social supports aligned to each phase; 2) two communication strategies and tools for supervising others in crisis contexts; and 3) one strategy to acknowledge collective grief and 2 strategies to facilitate complex and challenging conversations as school leaders.

Date: October 22, 2020

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

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### Module 1 Coaching Clinic

We highly encourage you to join us for one or both of the previous webinars to join Module 1’s coaching clinic, though not mandatory.

Coaching clinics provide SCRR learners and leaders with a forum focused on moving from knowledge change to application to practice.

- SCRR Coaches will lead participants through case studies, role plays, and interactive discussions designed to advance competency in applying SCRR and trauma-informed practices to emergent stressors and/or needs.
- Participants will have the opportunity to receive strategies for implementing practices and skills and guidance from SCRR coaches and peer communities.

Date: October 29, 2020

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

## Module 2: What is a School Recovery? And What Could it Be?

### **An Introduction to School Crisis Recovery: Theory & Frameworks to Guide Us**

This module begins with an orientation to the theory and frameworks related to recovery generally and as applied to school crisis. Recovery can be fostered after physical safety has been established and focuses on the social and emotional climate of the school community. Participants explore Herman's recovery (1992) and create connections with how the model's components (safety, remembrance & mourning, and reconnection with ordinary life) can be adopted and adapted to support school crisis recovery.

Date: November 5 2020

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

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### **Eco-systems of School Recovery**

Drawing from the SCRR framework for Recovery phase, this session will focus on understanding the school community as an eco-system and implications for how we lead recovery from crisis so that participants may identify 1-3 practices to increase safety in the discreet parts of the school eco-system and how to implement them in their contexts.

Date: November 12, 2020

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

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### **Module 2 Coaching Clinic**

Coaching clinics provide SCRR learners and leaders with a forum focused on moving from knowledge change to application to practice.

- SCRR Coaches will lead participants through case studies, role plays, and interactive discussions designed to advance competency in applying SCRR and trauma-informed practices to emergent stressors and/or needs.
- Participants will have the opportunity to receive strategies for implementing practices and skills and guidance from SCRR coaches and peer communities.

Date: November 19, 2020

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

## Module 3: What is a School Renewal? And What Could it Be?

### **An Introduction to School Crisis Recovery: Theory & Frameworks to Guide Us**

This module begins with an orientation to the theory and frameworks related to renewal generally and as applied to school crisis. Renewal focuses on structural changes and procedures, coordinating policy, processes, and practices that center regeneration and healing. Together, we explore meaning-making (Neimeyer, 2001), building and fostering resilience (Ungar, 2011), post-traumatic growth theory (Calhoun & Tedeschi, 2006), and organizational change after crisis and healing-centered school approaches. Drawing from the SCRR framework for the renewal phase, this session will focus on:

- Understanding the practices to support the school crisis renewal phase, common definitions of post-traumatic growth and healing-centered schools and case examples
- Learn the 5 domains of post-traumatic growth
- Learn 1-2 individual and organizational practices to support school recovery and renewal.

Date: December 3, 2020

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

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### **The Seven School Crisis Renewal Elements**

SCRR builds its programming based on the School Mental Health Crisis Leadership Lessons: Voices of Experience from Leaders in the Pacific Southwest Region (Pacific Southwest MHTTC, 2020). Through shared stories from school crisis leaders, seven elements emerged that are foundational to trauma-informed school crisis recovery: 1) Create structural witnessing; 2) Center significant relationships; 3) Foster healing-centered cultures; 4) Encourage individual and collective storytelling about the crisis; 5) Be Prepared to Sit in the Sticky Stuff Where there are More Questions than Answers; 6) Renewal Itself can Foster a Renewed Commitment to the Work and 7) Engage in Collective Reflection to Fuel and Inform Crisis Readiness. This webinar explores the seven elements and invites participants to identify 2-3 that they would like to further study and adopt to foster renewal in school communities, either now or in the future.

Date: December 10, 2020

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

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### **Module 3 Coaching Clinic**

Coaching clinics provide SCRR learners and leaders with a forum focused on moving from knowledge change to application to practice.

- SCRR Coaches will lead participants through case studies, role plays, and interactive discussions designed to advance competency in applying SCRR and trauma-informed practices to emergent stressors and/or needs.
- Participants will have the opportunity to receive strategies for implementing practices and skills and guidance from SCRR coaches and peer communities.

Date: December 17, 2020

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

## Module 4: School Crisis Recovery & Renewal

### **School Crisis Recovery & Renewal Leadership: Theory & Frameworks to Guide Us**

School crises can be interrupters or the norm, depending on the school and its community context. Whether the crisis is acute, chronic, or complex, there are shared leadership practices, policies, and paradigm shifts that can support all stakeholders' efforts to successfully navigate a crisis. In a crisis, school mental health leaders help a school community build a collective coping system; navigate overwhelming situations; and stay attuned to how various members will be activated by different events, experience shared events differently, and have varying response, recovery, and renewal needs. This session explores Complexity Leadership Theory (CLT) and how to foster trauma informed school crisis leadership.

Date: January 14, 2021

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

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### **4R's and 5C's: Psycho-social Supports for Students During Pandemic Response**

This session explores the 5C's (Connection, Context, Coherence, Collaboration & Consolidation) of trauma-informed clinical guidelines developed by national subject matter experts to support educators and providers in their roles to understand and prioritize the psycho-social supports for students in different phases of readiness, response, recovery, and renewal.

Join us to:

1. Examine the four phases of a pandemic: specific psycho-social supports aligned to each phase;
2. Practice two communication strategies and tools for increasing predictability and safety in school communities;
3. Identify how to recognize student (and staff) behavioral adaptations to stress and grief; and
4. Learn two self-regulation and co-regulation strategies for supporting school communities in the crisis response and early recovery phase.

Date: January 21, 2021

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)

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### **Module 4 Coaching Clinic**

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- SCRR Coaches will lead participants through case studies, role plays, and interactive discussions designed to advance competency in applying SCRR and trauma-informed practices to emergent stressors and/or needs.
- Participants will have the opportunity to receive strategies for implementing practices and skills and guidance from SCRR coaches and peer communities.

Date: January 28, 2021

Time: 12 - 1:30 p.m. PT / 2 - 3:30 p.m. CT / 3 - 4:30 p.m. ET

[Register here](#)