



## Embracing & Expanding Postvention in/for Our Schools Community of Practice

### Session 3: Lived Experience In Practice

#### Guiding Questions

1. How might you see suicide prevention and postvention as connected (or not)?
2. In thinking about your healing experiences past and present, where did/do you need more culturally responsive support/care?
3. When thinking about postvention realities and possibilities, how might we hold space for the things that make us feel discomfort? Who might benefit when we go there?
4. What does embracing and expanding mean to you in the context of suicide postvention?
5. What are the 1-2 things that you want to remember, ask yourself or sit with as you engage with postvention?