

**The achievement of -  
well-being; positive school  
climate; safety; best behavior &  
attendance; academic success**

**Relevant, Rigorous  
Content**

**School/Community  
Protective Factors**

**Diversity, Equity,  
Inclusion, Anti-Racism**

**Trauma-Informed  
Practices**

**Social-Emotional  
Learning**

**Relationships,  
Belonging**

**Engaging Instruction  
and Experiences**

**Staff Well-being and Social-Emotional Capacity**

**Universal Principles of Practice**

**School, Family & Community Partnerships**

# Principles of Practice that Support Student Well-being and Promote **Recovery, Renewal and Resilience**

- 1) Nurture attachment to reliable caring adults – “I really like Ms. Williams...”
- 2) Assure belonging to positive peer groups – “My peeps in the drama club are awesome...”
- 3) Foster developmental relationships – “My teachers really care about me...”
- 4) Honor peoples’ differences – “I try to limit my biases, listen more, and respect everyone...”
- 5) Inspire passion, purpose, personal narratives – “I want to become...”
- 6) Celebrate voice, choice, and identity – “Let’s share who we are in making decisions together...”
- 7) Promote agency, rigor & success – “We can do hard things...”
- 8) Build a mindset of gratitude, perseverance & community – “Together, we will get through this successfully...”
- 9) Buffer toxic stress with community supports and protective factors – “In my town we have lots of counseling, recreation, family resources and safe, healthy things to do...”
- 10) Craft a community that is safe, predictable, calming – “I really love being at school...”
- 11) Teach, learn, practice and model social-emotional skills – “I know how to personally manage my emotions and relationships...”
- 12) Utilize a variety of learning approaches to support student’s diverse needs, backgrounds and learning styles – “I feel like I can be successful because my teachers really try to find the best ways for me to learn....”
- 13) Everyone in the school community (staff, teachers, students, parents) learns and models practices that support each other to be their best selves – “Everyone at school seems to be thinking of ways to help me do and be my best...”