

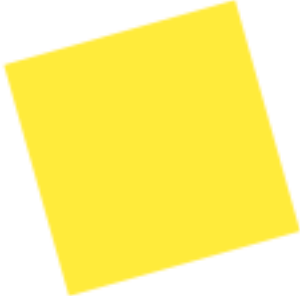
Day 2
Collective
Renewal

Agree

Categories? This feels like a systemic and oppressive response when there are unknowns in society. The tone feels scary.

"involves perceived threat to emotional well-being." agreed!

These all discuss situational crises which are true and real but there are many other crises.



I agree with this.

I agree that a crisis is traumatic,

A response to change. I agree with this wording. Feels more open ended.

I agree that crisis is usually urgent, and involves threat

Agree

Agree, "involves perceived threat to emotional well being"

Agree

crisis is an event or situation that generally involves threat, danger, or trouble and warrants immediate response

I agree with this one.

Agree

emotionality! and lack of using our thinkers! YUUUP!

-https://dictionary.apa.

or inside the system

Fully agree with this.

Crisis doesn't just happen outside schools

Crisis alters

Argue: sometimes a challenge to status quo "stability" is a push towards better health

Crisis can sometimes be an intentional ignoring of systemic structures and their effect on a community of people

Death of a student member of the community member whose death affects a significant portion of the school population;

Major natural crisis, such as a flood or fire;

Situation that involves a threat to the physical safety of students; a school bus accident, even if no injuries;

Situation that involves a perceived threat to the emotional well-being of students.

- Office for the Prevention of School Violence (Schonfeld & Newgass, 2003)

A school crisis is when a community member or an influence outside of the system acts upon a group to cause harm or destabilize the community.

Crises, not only does a crisis take us by surprise, but it also alters how the community can hold one another.

Crisis: A situation (or traumatic change) that produces significant cognitive or emotional stress in those involved in it

Take a moment to pause: what does crisis mean to you, and why? How does something become a crisis, and why?

emotions are heightened and the community is craving a settle

emotional or physical safety is at heightened risk.

Crisis is traumas, safety and triggers to me because of not having control, the unknown and experience that you may have buried that surfaces.

feel out of control and unsafe (can be big "C" or little "c")

Under distress

"flip your lid"

Crisis is immediate or cumulative harm that is not being addressed. It is insidious and affects all that we do, often stopping forward movement.

Crisis means a disruption, a shift,

Crisis means that I am not safe. It is a situation in which I have to fight to protect myself. Something becomes a crisis by not being safe. Safety is the big thing for me in a crisis

Crisis can be a time when we are unable to fully use our prefrontal cortex. It becomes a crisis when we go into that sympathetic mode of "fight or flight." Perceived unsolvable

A crisis denotes that it is no longer avoidable. It **MUST** be addressed - and noting that 'ignoring' can also be an "address."

Safety is protection

Crisis can be an individual and/ or collective reaction to a major personal or societal change that is experienced and grapples with unknown outcomes.

Crisis is ongoing. It isn't an isolated incident.

Crisis is when something happens out of the ordinary and happens very quickly especially at work. When my supervisor informs me that something needs to be done STAT.