

Liberated School Suicide Postvention CoP

Session 2

December 4, 2024

10:00 am – 11:30 am PT / 12:00 - 1:30 pm CT/ 1:00 – 2:30 pm ET



Our CoP Facilitators & Staff



**Zeruah Buchanan,
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**Brianna Young,
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Field Coach
(she/hers)**



**Niki Magtoto
SCRR Senior Project
Manager
(She/Her)**



**Leora Wolf-
Prusan, Ed.D
Project Director
(She/Her)**

Your CoP Co- Facilitators

Your CoP Support Staff

Speed **Connecting!**



HELLO

My name is

In the chat, please share your:

- Name
- Pronouns (if you are comfortable)
- Location
- Current Work You Do/Role
- Emoji that represents your energy today

Agenda



Agenda/Flow

10:00: Welcome and Set Up (15 minutes)

10:15: Introduce Socratic Seminar (5 minutes)

10:20: Share-Think-Discuss (40 minutes)

11:00: Debrief (10 minutes)

11: 20: Closing (10 minutes)

Liberatory Approach to Postvention



We see this as a ***distinction***, not a definition. Why?

- Adaptable, contextual
- Honor agency and needs of individual communities
- Provides framing and boundaries that guide, not restrict

Some of our distinguishing language (*from the 2022 CoP*):

- Unapologetic existence and experience of feeling
- Agency for leaders and young people
- Giving permission for unique grieving processes
- Allowing for a range of emotions, even anger, to be heard and held
- Intentional emphasis on cultural strengths and assets
- Care for intersectional identities in our approach
- Representative and relevant supports and resources

Video
Explanation

Our Framework: School Crisis Healing

Recovery

- Safety + Stabilization
- Remember, Mourn, and Reconstruct the Story
- Reconnection + Social Action

How does a liberated lens empower the concept of renewal in our systems?

How might we rethink our approaches to postvention integrating recovery and liberation?

Renewal

- Coping
- Resilience
- Post Traumatic Growth
- Healing
- Meaning-Making

How does a liberated lens enhance renewal in our systems?

How might we elevate our approaches to postvention integrating recovery and liberation?

Engagement **NORMS**



Be mindful of the **space you take up** in the conversation.

*Are you over-engaging? Under engaging?
How can your engagement impact others
and center diversity of perspective?*

Prioritize **reflection and curiosity** over venting.

*How might you center curiosity and
opportunity? What emotions might you
need to metabolize elsewhere first?*

Center **liberation, recovery, and renewal** in our conversations.

*How can we expand out lenses through this
dialogue to add new thinking and ideas to
common problems of practice?*

Make connections to your context and the resources shared.

*How do you see the text and your peers
perspectives surfacing in your work? What
insights might you glean?*

The Consultancy Protocol

Adapted from Appendix E: Activities for Meetings © Elena Aguilar, *The Art of Coaching Teams: Building Resilient Communities that Transform Schools*. Jossey-Bass, 2016. *The Consultancy Protocol*

Time	What	How
1 min	Opening	Facilitator reviews protocol and adjusts time as desired by the presenter or as fits the group.
5 min	Presenter shares	<ul style="list-style-type: none"> • Presenter [spotlight] shares the dilemma verbally (a situation of conflict, a plan for a conversation, an idea, etc.). • Presenter can ask for feedback or input in one area or for one key question (this can support a discussion staying focused).
3 min	Clarifying questions from listeners for presenter of dilemma	<ul style="list-style-type: none"> • Group fields quick questions out loud or in chat that are yes/no answers or require quick answers (e.g., "Have all your staff been trained in trauma informed principles?") • The facilitator may interrupt to make sure this section stays on clarifying questions
5 min	Group reflection and preparation	<ul style="list-style-type: none"> • Facilitator can remind the group of the presenter's key question or focus. • Listeners, including the presenter, have quiet time to note ideas, questions or comments.
10 min	Group fishbowl discussion	<ul style="list-style-type: none"> • Presenter is no longer spotlight (can go off camera) to move into listener mode • Facilitator invites listeners to share their notes / thoughts on the dilemma they heard • Participants can raise probing questions ("It made me wonder how they can collaborate with XYZ to make a shift happen" or "it made me curious about their own leadership fears")- comments, connections, reflections • Presenter is taking notes while listening to peers discuss their dilemma
1 min	Silence + transition	Group moves into a silent minute, welcomes back presenter [spotlight]
3 min	Coherence & closing	<ul style="list-style-type: none"> • Presenter shares reactions, insights, feelings about what they heard, how this process held "I heard X ask about my fear of leadership, and I agree I need to spend more time on that." • The presenter does not need to respond to specific questions.
3 min	Extended coherence and closing	If time, the group can share whole reflections on the process.



WELCOME BUFFY

Director of Hamilton's Academy of Grief & Loss. The Academy provides grief-related education, resources, and support to families served by Hamilton's Funeral Home and the community.

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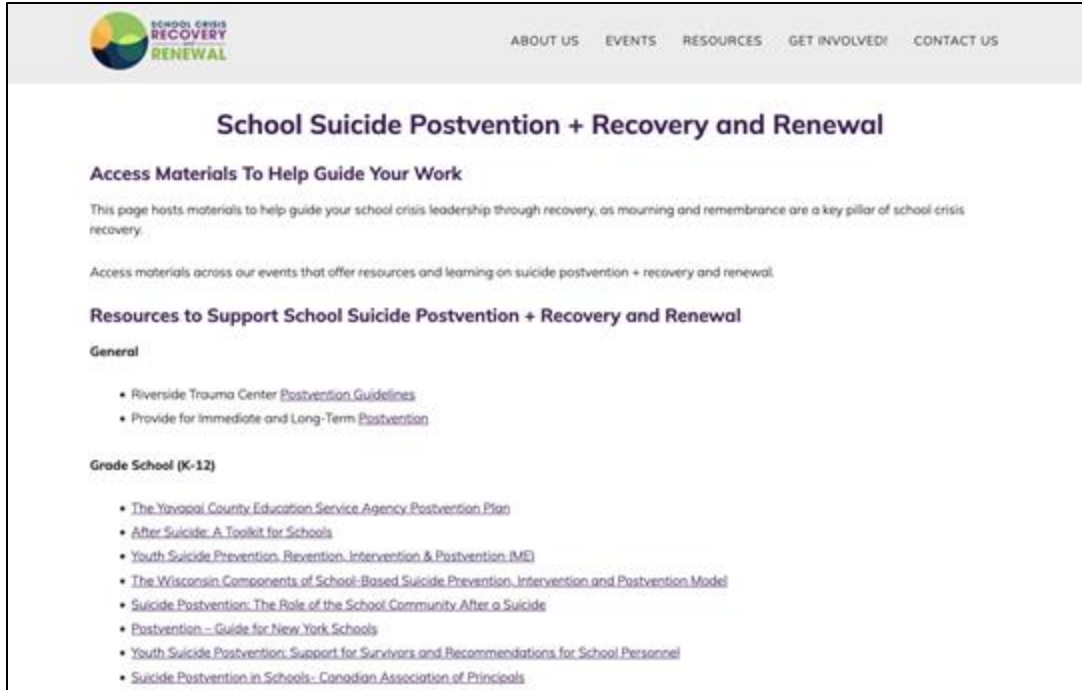
Debrief

What did you get?

What did you bring?

What's unfinished?

School Suicide Postvention Resource Page



The screenshot shows the website's header with the logo and navigation menu. The main heading is "School Suicide Postvention + Recovery and Renewal". Below it, there is a section titled "Access Materials To Help Guide Your Work" with two paragraphs of text. This is followed by another section titled "Resources to Support School Suicide Postvention + Recovery and Renewal", which is divided into "General" and "Grade School (K-12)" categories, each containing a list of resource links.

SCHOOL CRISIS RECOVERY RENEWAL

ABOUT US | EVENTS | RESOURCES | GET INVOLVED! | CONTACT US

School Suicide Postvention + Recovery and Renewal

Access Materials To Help Guide Your Work

This page hosts materials to help guide your school crisis leadership through recovery, as mourning and remembrance are a key pillar of school crisis recovery.

Access materials across our events that offer resources and learning on suicide postvention + recovery and renewal.

Resources to Support School Suicide Postvention + Recovery and Renewal

General

- [Riverside Trauma Center Postvention Guidelines](#)
- [Provide for Immediate and Long-Term Postvention](#)

Grade School (K-12)

- [The Yavapai County Education Service Agency Postvention Plan](#)
- [After Suicide: A Toolkit for Schools](#)
- [Youth Suicide Prevention, Revention, Intervention & Postvention \(IME\)](#)
- [The Wisconsin Components of School-Based Suicide Prevention, Intervention and Postvention Model](#)
- [Suicide Postvention: The Role of the School Community After a Suicide](#)
- [Postvention... Guide for New York Schools](#)
- [Youth Suicide Postvention: Support for Survivors and Recommendations for School Personnel](#)
- [Suicide Postvention in Schools- Canadian Association of Principals](#)

Resource Page Link:
<https://bit.ly/scrr-sp2122>

If you have resources to share, please send them our way!
****Recordings are confidential**



THANK YOU.

For joining. For trusting us. For building with us.

Upcoming SCRR Opportunities



Liberated School Suicide Postvention Study & Inquiry Series

Next Session December 4, 2024 • February 5, 2025 and April 2, 2025

https://bit.ly/SCRR_PostventionStudy

Self-Attuning and Attending to Emotional Activation: Healing our Own Wounds while Providing Care to Others

Next Session December 10, 2024

https://bit.ly/SCRR_Attuning2425

Mourning is the Work - A Monthly Art and Ritual-Based Gathering for Educators to Practice Metabolizing our Grief

Next Session December 19, 2024 through March 20, 2025

https://bit.ly/SCRR_Mourning

Upcoming SCRR Opportunities



Acknowledging Our Humanity: Reimagining A Professional Development Plan That Supports Educator Emotional Wellness, Too

Kicks Off January 21, 2025

https://bit.ly/SCRR_AOH_25

The SCRR 2025 Winter Institute for Educator Healing - Together We Weave: Collective Storytelling as a Source of Healing in Our School Communities

Save the Date January 30, 2025

https://bit.ly/SCRR_TogetherWeWeave

A Moment of Pause: Time to Cultivate Trauma Informed Communication

Kicks Off February 26, 2024, March 4, 9 & 12, 2025

https://bit.ly/SCRR_Pause2425

Upcoming SCRR Opportunities



Trauma Informed School Systems for Crisis Recovery and Renewal

Final Offering! February 26, 2025

https://bit.ly/SCRR_TISS2425

5 Years Since COVID-19: Embracing Our Lives After Loss - A Practice of Shared Witnessing and Meaning Making for Educators, School Providers, and Leaders

New! February 27 and March 6, 2025

https://bit.ly/SCRR_5YSinceCOVID

Love Made Visible: Cultivating Awareness, Protection, and Radical Healing for B/IPOC Educators Navigating Crisis

New! March 12 and 13, 2025

https://bit.ly/SCRR_LMV25